

**Gratitude List**

‘Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom.’

- 1).....
- 2).....
- 3).....
- 4).....
- 5).....
- 6).....
- 7).....
- 8).....
- 9).....
- 10).....

**Gratitude List**

‘Feeling gratitude and not expressing it is like wrapping a present and not giving it.’  
William Arthur Ward

- 1).....
- 2).....
- 3).....
- 4).....
- 5).....
- 6).....
- 7).....
- 8).....
- 9).....
- 10).....

**Gratitude List**

‘You cannot be grateful and unhappy.  
You cannot be grateful and unloving.  
So just be grateful.’

- 1).....
- 2).....
- 3).....
- 4).....
- 5).....
- 6).....
- 7).....
- 8).....
- 9).....
- 10).....

**Gratitude List**

‘Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow’  
Melody Beattie.

- 1).....
- 2).....
- 3).....
- 4).....
- 5).....
- 6).....
- 7).....
- 8).....
- 9).....
- 10).....